

5 simple steps

Ladder accidents can be prevented by taking five simple steps:

- 1.** Inspect ladders carefully before use;
- 2.** Follow ladder safety rules and regulations;
- 3.** Use your common sense;
- 4.** Avoid risky behavior when using ladders; *and*
- 5.** Report safety problems with ladders right away.

Do you always follow these rules when using ladders? If you do, you can prevent ladder accidents and injuries.

